Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Wednesday 06 Jul 2022 until 23:59 on Thursday 07 Jul 2022

Forecast Issued on Wednesday 06 Jul 2022 at 02:25 by Met Office Aberdeen

Confidence: High for wet and windy conditions on Wednesday. High for mainly cloudy conditions for the rest of the week with a little rain at times but some uncertainty in timings of rain.

Headline for Wednesday 06 Jul 2022: Wet and windy but becoming drier later this afternoon and evening.

Mountain weather hazards on Wednesday 06 Jul 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** Low Likelihood
Gales High Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** High Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** Medium Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Light rain	Light rain	Light rain	Cloudy
Precipitation probability					
70%	70%	70%	50%	30%	20%

Forecast for Wednesday 06 Jul 2022

Weather: Cloudy and very windy with persistent rain through the morning, heavy over western ranges but lighter in the east. Rain or drizzle becoming lighter and mostly fizzling out during the afternoon. Brighter conditions reaching north Highland during the evening.

Chance of cloud-free hill tops above 800m: Almost zero chance through the day, 60% in far north in evening.

Low cloud and visibility: Extensive fog and low cloud down to low slopes in the west, lifting to 600m at times in the east. Very difficult navigation conditions on high ground. Improving across the far north in the evening with cloud breaking.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Wednesday 06 Jul 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	40/47 SW	40/50 W	38/51 W	36/49 W	28/38 NW	19/26 NW	15/21 W
900	36/44 SW	37/47 W	37/50 W	35/48 W	27/37 NW	18/26 NW	14/20 W
600	27/34 SW	28/37 W	28/41 W	27/40 W	20/30 NW	14/21 NW	11/17 W
300	5/32 W	7/35 W	11/40 W	12/39 W	9/30 NW	6/21 NW	5/17 NW
Glen	13/25 W	14/29 W	19/35 W	19/36 W	13/27 NW	8/17 W	6/12 W

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	9/3	8/2	8/2	7/1	7/2	7/2	6/2
900	9/4	9/3	9/3	8/2	7/3	7/3	7/3
600	11/6	10/6	10/6	10/5	9/6	9/6	9/6
300	11/11	12/10	12/10	11/8	11/9	10/9	10/9
Glen	13/11	13/11	14/10	13/10	13/11	13/11	12/12
Freezing Level*	3400m	3000m	2800m	2900m	2800m	2600m	2600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Poor visibility, rain and strong winds make this a day to consider lower level walks. Gusts of 65mph on high ridges and summits giving difficult walking conditions with a high risk of being blown over. Conditions easing later.

Forecast for Thursday 07 Jul 2022

Weather: Mainly dry conditions overnight and through the morning. A lot of cloud but some brightness at times. Thicker cloud and outbreaks of light rain or drizzle will spread east in the afternoon before clearer conditions arrive in the evening.

Maximum wind: West or Northwest 15-20mph, gusts 30mph.

Chance of cloud-free hill tops above 800m: 40%, becoming 10% in the afternoon.

Low cloud and visibility: Areas of low cloud and fog above 400m in the morning, lifting and breaking for a time. Cloud becoming extensive again above 400m during the afternoon with patches to lower slopes in the west. Clearing in the evening.

Temperature: **Glens:** Plus 12C rising to 16 or 17C, locally 19C in the east.
At 800m: Plus 7C rising to 13C.
Freezing level: Well above summits.

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